

The leaflets on walks, cycle rides and horse rides around Myndtown and the Long Mynd were sponsored by the Heritage Lottery Fund as part of the restoration project of Myndtown Church.

The Heritage Lottery Fund project included publishing a book on the restoration project and the History of Myndtown Church.

Please ask for further details or visit our website or Facebook page.

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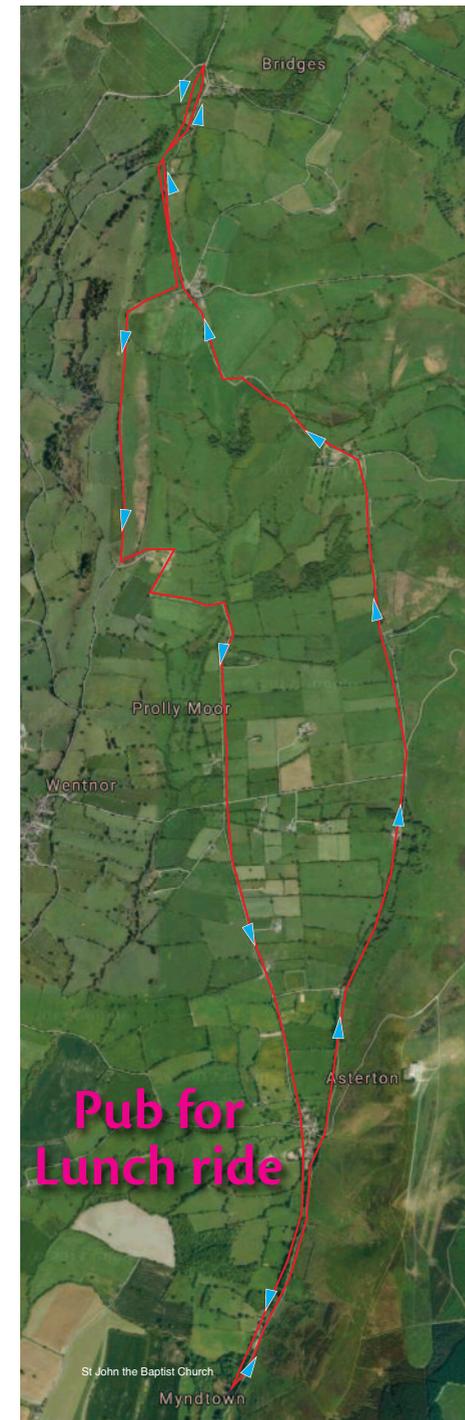
[www.myndtownchurch.co.uk](http://www.myndtownchurch.co.uk)



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# Long Mynd Horse Rides

3 horse rides around Myndtown and the Long Mynd



# Long Mynd Rides

## 1 The Leading Rein ride (1 hour)

**Start: St John the Baptist Church, Myndtown**

1. After parking tidily beside the road below the church, ride back along the road downhill, turning left down the track in about 100 metres.
2. Proceed down the field to a gate at the bottom, go through the gate and then bear left onto the track after the next gate. This field is a conservation area, farmed extensively to encourage a wide variety of wildlife.
3. Stay on the track, go through the next gate and up onto the tarmac road.
4. Turn left and proceed along the road, with the steep slope of the Long Mynd on your right.
5. In about 100 metres, try calling to the west and see if you can hear the echos ... keep trying for the next 200 metres and see if you can beat the local record of 4 echos!
6. Proceed along the road, past woodland on your left, until you reach the quarry on your right.
7. At this point, turn left down the stony track and follow this down into the dip and up the other side, back to Myndtown, taking care to close any gates that you open on your way.



## 2 Pub for Lunch ride (3 hours)

**Start: St John the Baptist Church, Myndtown**

1. After parking tidily beside the road below the church, take the stony track (on your left as you face away from the church back down the road).
2. Turn left when meeting the road and proceed through the gate beside the cattle grid and past Handless Farm (on your left).
3. Continue along the road for about half a mile, into the hamlet of Asterton.
4. Turn right at the staggered crossroads, passing the red phone box (on your right) and proceed through the gate beside the cattle grid.
5. Take an immediate left after the cattle grid and continue along the green lane, through the gate at Fir Tree Farm, and onwards on the lane that follows the foot of the Long Mynd for approximately two miles.
6. When you meet the road, continue straight on, following the foot of the Long Mynd, through Medicott and onwards until you reach Coates Farm.



7. Proceed through the Coates Farm farmyard and onwards down the road until you reach The Bridges public house.

8. After enjoying refreshments, retrace your route back up to Coates Farm.

9. Take the right hand track from the farm that leads over the brow of Adstone Hill and follow the bridleway until you meet the gate on the road.

10. Turn left down the road, bear right on the road at the bottom of the hill, through the buildings and onwards down onto a track that leads onto the road that crosses the Prolley Moor (you will pass through several gates on your way down).

11. Once you have rejoined the road, continue on the road through farm buildings until you reach a crossroads in about half a mile. Proceed directly over the cross roads and along the road for about two miles until you reach Asterton where you rejoin your outward route.

12. Retrace your route out of Asterton, back past Handless Farm and through the gate beside the cattle grid.

13. Take the right turn down the stony track opposite the quarry and return to Myndtown.

## 3 Long Mynd Hack

**Start: St John the Baptist Church, Myndtown**

1. After parking tidily beside the road below the church, ride back along the road downhill, turning left down the track in about 100 metres.
2. Proceed down the field to a gate at the bottom, go through the gate and then bear left onto the track after the next gate. This field is a conservation area, farmed extensively to encourage a wide variety of wildlife.
3. Stay on the track, go through the next gate and up onto the tarmac road.
4. Turn right onto the road and proceed until you reach the cattle grid; go through the gate and take the track immediately on the left up onto the Long Mynd.
5. You are now at point 11 on Ride Shropshire Route 4, The Minton Hill Ride.
6. Proceed from point 12 to point 10 (ignore the route to Hill End Farm) following the route as directed on the Ride Shropshire map. [www.shropshiresgreatoutdoors.co.uk/route/ride-shropshire-route-4-the-minton-hill-ride/](http://www.shropshiresgreatoutdoors.co.uk/route/ride-shropshire-route-4-the-minton-hill-ride/)
7. Continue to 9 and proceed along the Portway until you reach the gate at with the Handless National Trust sign.
8. Turn right immediately after passing through the gate and follow the track with the fence on your right.
9. Descend off the Long Mynd on the grass track, turning left at the Huckster stone (ignore the wicket gate on your right).  
  
Descend off the Long Mynd using the green track.
10. When you reach the road, turn left and proceed until you meet the stony track opposite the quarry
11. Follow this track back to Myndtown.

